Book List

Midwifery:
The Midwifery Option M Hawkins & S Knox
Sensitive Midwifery C Flint
Midwifery is Catching E Barrington
Hearts & Hands E Davis
Giving Birth B Katz Rithman
The Midwifery Challenge S Kitzinger

Pregnancy & Childbirth:
Home Birth S Kitzinger
The Complete Book of Pregnancy & Childbirth S Kitzinger
The Birth Partner P Simkin
Birthing from Within P England & R Horowitz
Gentle Birth Choices B Harper & S Arms
The Thinking Woman's Guide to a Better Birth H Goer
The Mother of all Pregnancy Books A Douglas
Panic-Free Pregnancy M Broder
Ina May’s Guide to Childbirth IM Gaskin
Spiritual Midwifery IM Gaskin
Pregnancy & Birth: The Best Evidence T Pitman & J Barrett
Pregnancy & Birth: A Month by Month Guide T Pitman & J Barrett
Mind Over Labour C Jones

Special Needs:
Vaginal Birth After Cesarean E Kaufmann
The VBAC Companion D Korte
Natural Birth After Cesarean JC Walters & K Crawford
The Vaginal Birth After Cesarean Experience L Baptist-Richards
The Premature Baby Book H Harrison & Kositsky
Having Twins E Noble
Vegetarian Pregnancy S Yntema
Past Due: A Story of Disability, Pregnancy & Birth A Finger
The Disabled Women’s Guide to Pregnancy & Birth J Rogers
Solo Parenting: Your Essential Guide K McCoy

Breastfeeding:
Dr Jack Newman's Guide to Breastfeeding J Newman & T Pitman
Bestfeeding: How to Breastfeed Your Baby S Arms & M Renfrew
The Breastfeeding Answer Book La Leche League
The Womanly Art of Breastfeeding La Leche League
Ina May’s Guide to Breastfeeding IM Gaskin
**Newborn & Childcare:**
- The Baby Book
- The Happiest Baby on the Block
- Nighttime Parenting
- The Mother of all Baby Books
- The No Cry Sleep Solution
- The Baby Whisperer
- The New Father: A Dad’s Guide to the First Year

**Postpartum:**
- The Years After Childbirth
- After the Baby is Born
- This Isn’t What I Expected: Overcoming PPD
- Postpartum Depression Demystified

**For Kids and Siblings:**
- Back into Mommy’s Tummy
- We’re Having a Homebirth
- Being Born
- I’m a Big Sister
- I’m a Big Brother
- Welcome With Love
- Baby on the Way
- My Mom’s Having a Baby

*Please let us know if you have any books you would like us to add to our list.*