

## Book List

### Midwifery:

The Midwifery Option  
 Sensitive Midwifery  
 Midwifery is Catching  
 Hearts & Hands  
 Giving Birth  
 The Midwifery Challenge

M Hawkins & S Knox  
 C Flint  
 E Barrington  
 E Davis  
 B Katz Rithman  
 S Kitzinger

### Pregnancy & Childbirth:

Home Birth  
 The Complete Book of Pregnancy & Childbirth  
 The Birth Partner  
 Birthing from Within  
 Gentle Birth Choices  
 The Thinking Woman's Guide to a Better Birth  
 The Mother of all Pregnancy Books  
 Panic-Free Pregnancy  
 Ina May's Guide to Childbirth  
 Spiritual Midwifery  
 Pregnancy & Birth: The Best Evidence  
 Pregnancy & Birth: A Month by Month Guide  
 Mind Over Labour

S Kitzinger  
 S Kitzinger  
 P Simkin  
 P England & R Horowitz  
 B Harper & S Arms  
 H Goer  
 A Douglas  
 M Broder  
 IM Gaskin  
 IM Gaskin  
 T Pitman & J Barrett  
 T Pitman & J Barrett  
 C Jones

### Special Needs:

Vaginal Birth After Cesarean  
 The VBAC Companion  
 Natural Birth After Cesarean  
 The Vaginal Birth After Cesarean Experience  
 The Premature Baby Book  
 Having Twins  
 Vegetarian Pregnancy  
 Past Due: A Story of Disability, Pregnancy & Birth  
 The Disabled Women's Guide to Pregnancy & Birth  
 Solo Parenting: Your Essential Guide

E Kaufmann  
 D Korte  
 JC Walters & K Crawford  
 L Baptist-Richards  
 H Harrison & Kositsky  
 E Noble  
 S Yntema  
 A Finger  
 J Rogers  
 K McCoy

### Breastfeeding:

Dr Jack Newman's Guide to Breastfeeding  
 Bestfeeding: How to Breastfeed Your Baby  
 The Breastfeeding Answer Book  
 The Womanly Art of Breastfeeding  
 Ina May's Guide to Breastfeeding

J Newman & T Pitman  
 S Arms & M Renfrew  
 La Leche League  
 La Leche League  
 IM Gaskin

**Newborn & Childcare:**

The Baby Book  
The Happiest Baby on the Block  
Nighttime Parenting  
The Mother of all Baby Books  
The No Cry Sleep Solution  
The Baby Whisperer  
The New Father: A Dad's Guide to the First Year

W Sears & M Sears  
H Karp  
W Sears  
A Douglas  
E Pantley  
T Hogg  
A Brott

**Postpartum:**

The Years After Childbirth  
After the Baby is Born  
This Isn't What I Expected: Overcoming PPD  
Postpartum Depression Demystified

S Kitzinger  
C Jones  
K Kleiman & V Raskin  
J Venis & S McCloskey

**For Kids and Siblings:**

Back into Mommy's Tummy  
We're Having a Homebirth  
Being Born  
I'm a Big Sister  
I'm a Big Brother  
Welcome With Love  
Baby on the Way  
My Mom's Having a Baby

T Robberecht  
K Mochel  
S Kitzinger  
J Cole  
J Cole  
J Overend & J Vivas  
W Sears  
D Hillestad Butler & C  
Thompson

\*Please let us know if you have any books you would like us to add to our list.