

# **The Midwives Collective of Toronto**

## **WHEN TO CALL YOUR MIDWIFE**

### **Postpartum – Client**

It is important that you page a midwife immediately if you experience any of the following symptoms during your postpartum:

- Fever >38 degrees C/ 100.4 degrees F
- Signs of a bladder infection
- Sore, reddened, painful, hard, hot area on your breast/chest with or without a fever and flu-like symptoms
- Foul smelling odour – vaginal discharge
- Return to heavy, bright red vaginal bleeding after vaginal flow has decreased
- Ongoing feelings of depression, uncontrolled crying, inability to sleep or eat, extreme anxiety or agitation
- Sore reddened, painful, hot area on your leg, especially the calf
- Severe chest pain

### **Postpartum - Baby**

- Poor colour – blue or gray face or chest
- If the newborn has not urinated or passed meconium in the first 24 hours after the birth
- Baby is lethargic and is not interested in feeding for greater than 8 hours
- Repetitive projectile vomiting
- Fever >38 degrees C/ 100.4 degrees F